**Riverdale Community Center** 

## **Group Fitness**

Registration starts Mon Dec. 3rd
Session Runs:

January 7-February 22

Mon

Total Body

8:45am

Wed

Total Body

8:45am

Thur

**PIYO** 

8:45am

Fri

Barre Brawl

8:45am

**\$ 7-Resident \$ 14-Non-Resident** for entire class session

Drop in price:

\$2- Residents

\$4-Non-Residents

**Bring your own Mats!**