

# New Year, Fitness New You: Party *Aero-ba-thon*

**saturday**  
**January 6<sup>th</sup> 2018**

**9am-11am**

Classes start at 9am and go every 20 Minutes  
in the Community Center Gym



**FREE EVENT!!**

**No pre-registration  
required!!**

**However, if you do  
pre-register, you will be put  
into a drawing for prizes!**

**This party offers a chance to experience all of the Group Fitness  
classes we offer and meet all of our awesome Instructors!**

**We have some exercise equipment available, but if you have  
any fitness/yoga mats, please bring them for yourself to use.**



Riverdale Community Center  
4360 S Parker Drive  
801-621-6084

