

GROUP FITNESS

Feb 27th – Apr 22nd

Riverdale Community Center

4360 S. Parker Dr, Riverdale

801-621-6084

Register in person or online at riverdalecity.com

	MON	TUE	WED	THU	FRI
8:45am	ZUMBA		PIYO		RIPPED <small>THE ONE STOP BOOT WORKOUT</small>
5:00pm		PIYO		Strength Training	
7:30pm			Basic Yoga		

There will be no class the week of spring break, April 3-7

Pre-registration prices:

Residents- \$7.00

Non-res- \$14.00

Seniors are free (55+)

Drop-in prices:

Residents- \$2 /class

Non-res- \$4 /class

NEW! Enter the Drawing to win the next session of classes FREE.

There are two ways to enter:

- Attend all of one specific class for the 8 week period –or-
- Bring a friend to class

