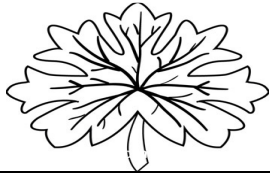


September 2017

Mon	Tue	Wed	Thu	Fri
	Riverdale Senior Center (801) 621-6086			1 9:00 & 10:00 Yoga 10:00 Stained Glass 12:30 Bridge
4 Labor Day (Closed)	5 8:00 Easy Senior Aerobics 9:00 & 10:00 Yoga 9:00 Wood Carving 9:30 Quilting 12:30 Bingo	6 10:30 Lapidary/Silver 12:30 Bridge 1:00 Decorative Painting 1:00 Line Dancing	7 8:00 Easy Senior Aerobics 9:00 Wii Bowling 10:00 Creative Writing 10:00 Speechreading class 12:30 Bridge	8 9:00 & 10:00 Yoga 10:00 Stained Glass 12:30 Bridge 1:00 Computer class
11 10:30 Enhance Fitness 10:00 Wire Wrapping 11:00 Karaoke Hour 12:30 Bridge	12 8:00 Easy Senior Aerobics 9:00 & 10:00 Yoga 9:00 Wood Carving 9:00 Scrapbooking 12:30 Bingo	13 9:00 Ogden Quilt Guild 10:30 Enhance Fitness 10:30 Lapidary/Silver 12:30 Bridge 1:00 Decorative Painting 1:00 Line Dancing	14 8:00 Easy Senior Aerobics 9:00 Wii Bowling 9:30 Ali's Angels- Foot Clinic 10:00 Creative Writing 10:00 Speechreading class 12:30 Bridge	15 8:00 Enhance Fitness 9:00 & 10:00 Yoga 10:00 Stained Glass 11:00 Chol/Glucose screen 12:30 Bridge 1:00 Computer Class Ensure Pickup
18 10:30 Enhance Fitness 10:00 Wire Wrapping 12:30 Bridge	19 8:00 Easy Senior Aerobics 9:00 & 10:00 Yoga 9:00 Wood Carving 9:00 Decorative Painting 9:45&12:45 Movie w/popcorn 12:30 Bingo	20 10:30 Enhance Fitness 10:30 Lapidary/Silver 12:30 Bridge 12:30 Medicare 101 9:00 Decorative Painting 1:00 Line Dancing	21 8:00 Easy Senior Aerobics 9:00 Wii Bowling 9:00 Decorative Painting 9:30 Flu Clinic 10:00 Creative Writing 10:00 Speechreading class 11:30 Brain Smart Clinic 12:00 Tom George 12:30 Bridge	22 8:00 Enhance Fitness 9:00 & 10:00 Yoga 10:00 Stained Glass 12:30 Bridge 1:00 Computer class
25 10:30 Enhance Fitness 10:00 Wire Wrapping 11:00 Karaoke Hour 12:30 Bridge	26 8:00 Easy Senior Aerobics 9:00 & 10:00 Yoga 9:00 Wood Carving 9:00 Scrapbooking 12:30 Bingo	27 10:30 Enhance Fitness 10:30 Lapidary/Silver 12:30 Bridge 12:30 Medicare & VA 1:00 Decorative Painting 1:00 Line Dancing	28 8:00 Easy Senior Aerobics 9:00 Wii Bowling 10:00 Creative Writing 10:00 Speechreading Class 12:30 DUP 12:30 Bridge	29 8:00 Enhance Fitness 9:00 & 10:00 Yoga 10:00 Stained Glass 12:30 Bridge 1:00 Computer Class