

"FEBRUARY 2012" MENU	<i>RIVERDALE CITY SENIOR CENTER</i>	621-6086			Lunch is served Monday thru Friday @ 12:00 noon. Seniors 55 & older \$2.50. Under 55 \$4.50	Menu subject to change
Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3		
		Ham w/pineapple sauce, Creamy Potatoes, Broccoli & Cauliflower mix, corn bread, Peaches	Salmon, mixed vegetables, scalloped potatoes, roll, pudding	Ground beef pattie w/ onions, diced potatoes, brown gravy, carrots, roll, Cherry Cobbler		
6	7	8	9	10		
Parmesean Chicken and Ranch Potatoes, Broccoli Zucchini Salad, rolls, Brownies	Lasagna, green beans, bread stick, Birthday Cake	Baked Potato Bar, chili, bacon bits, shredded cheese, broccoli, sour cream, tossed salad, applesauce	Fried chicken, Onion - roasted potatoes, tossed salad, beets, Roll, Rice Krispie treats	Chicken & broccoli casserole, Frozen Pea Salad, bread sticks, Pears		
13	"Valentines lunch" 14	15	16	17		
Spaghetti with meat sauce, tossed salad, corn, bread stix, peaches	Turkey pot roast, diced potatoes, mixed vegetables, Roll, valentines cookie	Beef enchiladas, Spanish Rice, Tossed Salad, Apple crisp	Orange Chicken, Broccoli, Tossed Salad, Roll, strawberry jell-o dessert	Meat Loaf, Mashed Potatoes & Gravy, Diced Carrots, Rolls, Bread pudding w/carmel sauce		
Presidents Day 20	21	22	23	24		
Closed	Country Fried Steak w/ gravy, mashed potatoes w/country gravy, peas, Roll, Tapioca Pudding	Chicken Stir Fry over rice, Beets, Garlic Bread, Waldorf Salad	Roast Beef, hash brown potatoes & Gravy, corn, Roll, Carrot Cake	Tilapia fish fillets, green beans, tossed salad, roll, applesauce		
27	28	29				
Goulash, cheese and crackers, tossed salad w/ tomatoes, snicker doodle cookies	Pork Tender Loin Steak, 1/2 Baked Potato, green beans, Rotini Salad, Roll, Chocolate Pudding	Ground beef gravy, whipped potatoes, steamed carrots, tossed salad, roll, peach cobbler				