

April 2024

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge</p>	<p>2</p> <p>8:15 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Men's Fitness 9:00 Lapidary 9:30 Card Making 12:30 Bingo</p>	<p>3</p> <p>10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge</p>	<p>4</p> <p>8:15 Senior Aerobics 9:00 Men's Fitness 2nd Generation will perform at lunch 1:00 Computer Help 1:00 Paper Crafting</p>	<p>5</p> <p>9:00 Tai Chi 10:00 Meditation 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge</p>
<p>8</p> <p>9:30 Sewing Room 10:00 Massages 10:00 Enhance Fitness 10:00 Wire Wrapping 10:30 Senior Board Mtg 12:00 Bridge</p>	<p>9</p> <p>8:15 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Men's Fitness 9:00 Lapidary 12:30 Bingo</p>	<p>10</p> <p>9:00 Ogden Quilt Guild 10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge</p>	<p>11</p> <p>8:15 Senior Aerobics 9:00 Men's Fitness 9:00 Roy Pioneer Quilter's 10:30 Gardening Class 1:00 Computer Help 1:00 Paper Crafting</p>	<p>12</p> <p>9:00 Tai Chi 10:00 Meditation 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge</p>
<p>15</p> <p>9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge</p>	<p>16</p> <p>8:15 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Men's Fitness 9:00 Lapidary 9:00 Foot Care Clinic 12:30 Bingo</p>	<p>17</p> <p>10:00 Decorative Painting 10:00 Zumba Gold 12:00 Bridge</p>	<p>18</p> <p>8:15 Senior Aerobics 9:00 Men's Fitness 9:30-12 Living Well w/Diabetes Class 10-2:30 AARP Driver's Safety Course 1:00 Computer Help 1:00 Paper Crafting</p>	<p>19</p> <p>9:00 Tai Chi 10:00 Meditation 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge <u>Ensure Pickup</u></p>
<p>22</p> <p>9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge</p>	<p>23</p> <p>8:15 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Men's Fitness 9:00 Lapidary 9:30 Card Making 12:30 Bingo</p>	<p>24</p> <p>10:00 Decorative Painting 10:00 Zumba Gold Dale Searcy will perform at Lunch 12:00 Bridge</p>	<p>25</p> <p>8:15 Senior Aerobics 9:00 Men's Fitness 9:30-12 Living Well w/Diabetes Class 1:00 DUP 1:00 Computer Help 1:00 Paper Crafting</p>	<p>26</p> <p>9:00 Tai Chi 10:00 Meditation 9:00 & 10:00 Yoga 10:00 Stained Glass 12:00 Bridge</p>
<p>29</p> <p>9:30 Sewing Room 10:00 Enhance Fitness 10:00 Wire Wrapping 12:00 Bridge</p>	<p>30</p> <p>8:15 Senior Aerobics 9:00 & 10:00 Yoga 9:00 Men's Fitness 9:00 Lapidary 10:00- 12:00 Smart Driver Tech Class 12:30 Bingo</p>			

