

Kindergarten to 2nd Grade Basketball Rules & Regulations

Riverdale, South Ogden, South Weber, Washington Terrace, & Ogden Valley

Rules used are the National federation High School rules except where changed by the Recreation Departments involved in the league (see below.)

THESE PROGRAMS ARE COED, OPEN FOR BOYS AND GIRLS FROM KINDERGARTEN TO 2nd GRADE

Play Time:	All Players must play at least one half of each game (12 minutes).
Ball/Hoop:	27.5 inch Ball, 8 ft hoop, 10 ft Free Throw (NO FREE THROWS IN THE KINDER AND 1st GRADE DIVISIONS).
Clock:	The first ten to fifteen minutes of the scheduled time will be used for practice if time allows. Games will consist of 6-minutes quarters with a running clock.
Time Outs:	We will have one (1) 30-second time-out at the 3-minute mark of each quarter. Each team will be allowed one (1) time-out per half. Time-outs do not carry over from 1st to the 2nd half.
Violations:	Violations (Double dribbles and traveling, etc.) will be called when the violation, in the judgment of the official, is of a gross enough nature that instruction must be given to the offending player. The first two games of the season the official (coach for 1st grade)* will call the violation and give the ball back to the team that had possession. The next two games the official (coach 1st grade) will continue to give the ball back to the offending team for the 1st half only. The remaining games all violations will result in a turnover giving the ball to the opposing team. *For 1st grade games there will not be officials on the court. Coaches will call violations. There will be an official at the score table who will preside over the game. The presiding official will settle any disagreements between coaches.
Press Rule:	No backcourt pressure is allowed. (Meaning: The defense must allow the offensive player to cross the half court line and approach the top of the key area before defending). Teams may play man-to-man or zone defense but cannot play defense above the top of the key, and there will be no double or triple teaming. Players can only steal the ball on a pass, not on the dribble.
Score & Overtime:	Scores will be kept on the scoreboard (if available) at the game but there will be no standings for these divisions. THERE WILL BE NO OVERTIME.

Philosophy: These programs are established to have the participants learn basic skills and have a fun, positive experience. Therefore, the coaches and parents are encouraged to be positive and supportive at all times, to provide the positive experience and environment we all aim for these players. Good sportsmanship is expected from all. Score will not be kept; therefore, league standings are not kept.

We strongly encourage that each player plays as much as possible each game. Please substitute all players equally. Teams will not be allowed on the court until their scheduled game time. If time allows, a warm-up period will be given to each team.

LEAGUE STRUCTURE: All teams will play eight (8) regular season games (NO POST-SEASON TOURNAMENT). Players can only play in one team per season.

COACHES: Only ONE (1) coach may stand while the game is in progress. All other coaches must remain on the bench. If two coaches are off the bench complaining to officials, a technical foul may be called. If a **coach is given a technical foul**, ALL coaches must remain sitting for the remainder of the game.

FORFEITS: The game may start with 4 players but must have a 5th player by the end of half time or it will be considered a forfeit. Game time is forfeit time, no grace period. Players cannot be added to your roster after the 3rd game of the season.

DRESS: Jewelry of any kind, watches, and shorts/pants with pockets are not allowed.

SPORTSMANSHIP: Good sportsmanship is expected from all. Coaches and parents are encouraged to always be positive and supportive. Spectators are not allowed to use noise making devices.

NO FOOD OR DRINK IN THE GYM. Only water bottles with lids are allowed. Snacks must be given outside of the gym.

If you have any questions or concerns, contact your league director:

Riverdale- Baylee: 801-621-6084 South Ogden- Julianna: 801-622-2950 South Weber- Curtis: 801-476-4445
Washington Terrace- Carlos: 801-395-8293 Ogden Valley- Bryan: bryan@cbiins.com