

Boy's Basketball Rules & Regulations - 2024

3-9TH GRADE

Cities Involved: Riverdale, South Ogden, South Weber, Washington Terrace, & Ogden Valley

Players must register in the city where they live or get permission to register in another city.

18 Minute Halves – Running clock. Clock will only stop on shooting fouls, injuries and time-outs until the final minute of each half. Clock will be stopped on every whistle during the final minute of each half. This is a recreational league and it is ***strongly encouraged*** that each player plays as much as possible each game. **Please substitute all players equally.**

Time-outs 2 <30> seconds time-outs per half. Time-outs do not carry over from the 1st to 2nd half.

Over-time 3-minute over-time period. Clock will stop on every whistle. Over-time will start with a jump ball. Each team will get 1 time-out. Unused time-outs from the 2nd half will carry over to the first over-time. If game is still tied after the 3-minute over-time, then we will go to “SUDDEN DEATH”. No time-outs in “SUDDEN DEATH” (first team to score wins).

**** 3-6th Grade league** – SUDDEN DEATH (first team to score 3 points wins)

**** 7-9th Grade league** – SUDDEN DEATH (first team to score 5 points wins).

Press Rule NO FULL Court Press will be allowed in grades 3rd-8th. Once a team is ahead by 15 or more that team must go back to the 3-point line.

Technicals – **THIS RULE APPLYS TO COACHES – PLAYERS – PARENTS!!**

Any 2 technicals given for unsportsmanlike conduct will result in ejection from the game and suspension from the next scheduled game (this includes any tournament games).

Anyone who has received 3 unsportsmanlike technicals will be suspended for the remainder of the season (this includes tournament).

Any player who receives a technical foul will be required to sit out for five minutes or the remainder of the game if less than five minutes.

3rd & 4th grade – No 3-point baskets. (3rd grade will play on a 9 ft. basket and shoot free-throws from 12 ft. out).

5th – 9th grade – 3-point baskets will count (if there isn't a 3-point line marked on the court – then there are NO 3-point shots allowed).

Ball Size – 3rd-5th grade will use a 28.5” size ball. Grades 6-9th will use a regulation 29.5” size ball.

FORFEITS You may start the game with 4 players but must have your 5th player by the end of half time or it will be considered a forfeit. If a team has less, then four players you will be given a five-minute grace period before a forfeit is called. **Players cannot be added to your roster after the 3rd game of the season.**

NO PLAYER(S) WILL BE ALLOWED TO WEAR SHORTS OR PANTS WITH POCKETS DURING GAMES!!

SPORTSMANSHIP – Good sportsmanship is expected from all. Coaches and parents are encouraged to be positive and supportive at all times. Teams, players, coaches, fans are evaluated for sportsmanship each game and must qualify for their next game. Please help make this a good, fun experience for all.



ALL OTHER RULES WILL BE PLAYED ACCORDING TO UTAH HIGH SCHOOL RULE BOOK

Teams will not be allowed on the court until their scheduled game time. If time allows, a warm-up period will be given to each team. If a team is ahead by 20 or more points – the scoreboard will NOT show the score and we will go to a running clock. The clock will only stop for timeouts or if the team gets within 20 points.

If you have any questions regarding this league, please contact your director. Thank you!!

Riverdale – Baylee– 801-621-6084, Washington Terrace –Carlos- 801-395-8293,
South Ogden – Julianna – 801-622-2950, South Weber – Curtis -801- 476-4445, Ogden Valley – Bryan

No food or drinks in the gym. Please make sure that snacks are given to the players outside the gym. Water bottles with lids are allowed in the gym. No other food or drink allowed! Absolutely no containers with straws will be allowed in the gym.