

Riverdale Senior Center FAQ's

Q: Do I need to live in Riverdale to use your facility?

A: No, anyone over the age of 55 is welcome.

Q: Is there a membership fee?

A: We do not have a membership fee.

Q: Do I need to call ahead and reserve a lunch?

A: Yes, we ask that you let us know by 8am the day of if you will be joining us for lunch.

There are a few ways to do this;

1. Text the word **Lunch** to (801)621-6086 to enroll in our texting program. After that, you will reply with how many lunches you would like.
2. You can call (801)621-6086 and tell the Front Desk staff or leave a message of how many lunches you would like to reserve.
3. We have a sign-up sheet at the Front Desk at The Senior Center you are welcome to use.

Q: Where is the food cooked?

A: All of the food we serve is cooked fresh and from scratch onsite. It is real homecooked food!

Q: How much is lunch?

A: Lunch is \$3.50. It is the cost, not a donation.

Q: Where can I find the Lunch Menu?

A: Yes, it is in our monthly newsletter that can be picked up at The Senior Center or Community Center. It can also be accessed at <https://www.riverdalecity.com/senior-center.html>.

Q: Do you have an Activity Schedule?

A: Yes, it is in our monthly newsletter that can be picked up at The Senior Center or Community Center. It can also be accessed at <https://www.riverdalecity.com/senior-center.html>.

Q: Do you have card groups that meet at your Senior Center?

A: Yes, we have the following groups that meet regularly; Duplicate Bridge and Pinochle.

Q: Do you have fitness classes?

A: Yes, we have Yoga, Enhanced Fitness, Senior Aerobics, Zumba Gold, and a Men's Fitness class.

Q: Do you have a fitness center?

A: We do have a room with various exercise equipment and weights.

Q: What type of hobby activities do you offer?

A: We have Stained Glass, Wire Wrapping, Lapidary, Sewing, Scrapbooking, and Decorative Painting.

Q: Do have volunteer opportunities?

A: We have various opportunities. The Senior Center is primarily run by volunteers. We also accept donations for our Fall Sale of handmade gifts.

Q: Do you have a Library?

A: Yes, we have an honor system Library on the 2nd floor of the Center. We have paperback books, Audio books, and VHS & DVDs.

Q: Are there computers available to use?

A: We have a Computer Room with 9 computers.